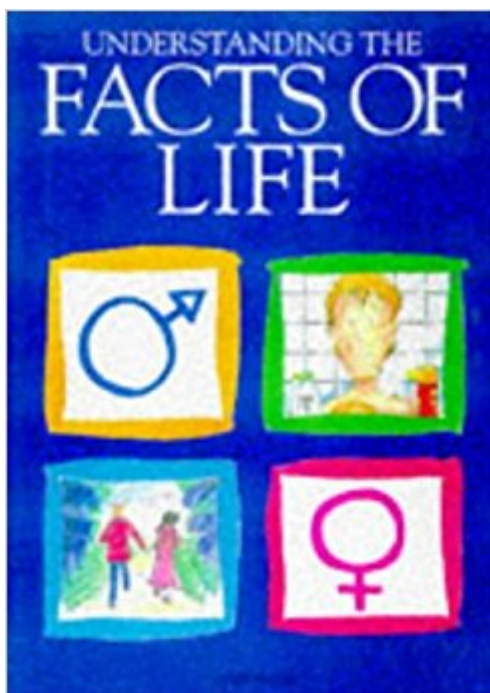


The book was found

Usborne Facts Of Life (Facts Of Life Series)



Synopsis

A highly acclaimed, straightforward and reassuring guide describing exactly what happens at puberty, with informative sections on sex, contraception and sexually transmitted diseases, and advice on hygiene, exercise and healthy eating. This book contains the following Usborne Facts of Life titles: Babies and Growing up.

Book Information

Series: Facts of Life Series

Paperback: 96 pages

Publisher: E.D.C. Publishing; Rev Upd edition (December 1997)

Language: English

ISBN-10: 0746031432

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Product Dimensions: 9.4 x 6.6 x 0.2 inches

Shipping Weight: 10.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #983,593 in Books (See Top 100 in Books) #45 in [Books > Teens >](#)

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Customer Reviews

'Time after time, Growing Up manages tricky subjects without fuss... The text is sanely direct ... in everything it covers, the book will inform, relieve anxiety and ... it will teach one sex about the other with graphic clarity' - Times Educational Supplement; 'A shining example of how lively an information book can be... highly recommended for teenagers who know someone expecting a baby, and for those considering a career in childcare' - Woman and Home; 'One of my favourite books is Understanding the Facts of Life. It covers everything from puberty, changes in the body and periods, to how babies are made and grow. It's a nice book to go back to (don't expect to get the subject over in one sitting), and while it's scientific and uses proper words for things (I think this is important), it's accessible. When your daughters are older - although there's no reason why they can't read it whenever they want to - there's also What's Happening to Me?' - The Guardian

Of the 6-7 books that we purchased this was the most scalable for our daughter. My wife, who is in women's health care as a midwife, is far more particular than I am in this area of knowledge and

agrees that this is one of the best choices. I wouldn't limit your knowledge with a single book but this is a quality purchase if you only want a handful of books on the subject.

I bought the book for my 12 & 13yr. old grandsons and their Mom. When I told the boys what I had done, they laughed and said "Oh, Grandma, we know all that stuff". I am sure they do but it made my daughter feel better about having the book. I read it and thought it was a good book. You might want to buy it for younger kids but it's great!

This book helps children understand the facts of life as well as how their bodies change as they go through puberty. The pictures are drawn very realistically. There is a good mixture of text and pictures which help hold a child's attention. Unlike other books on this subject, this one is less embarrassing and encourages parent-child discussions. Both my children have used this book until the book has become nearly worn out. I give it as a gift to other parents whose children are entering puberty.

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